

RACHEL HOFMANN #11

2024 | C/OF | New Preston, CT



BACOU LIS | 14U



@CT-Impact



@CTImpact - Bacoulis

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Athlete Profile



Grad : 2024 Email : hofmannr2024@gmail.com
DOB : 05/2006 Twitter : @rachel_hofmann1
GPA : 3.1
HT : 5'3" High School : Shepaug Valley HS
Throws : Right SAT : N/A
Bats : Right ACT : N/A

Athlete Metrics

| Speed and Agility | | Bat / Arm |
|----------------------|-------------------|-----------------|
| Sim 40 yd : 6.15 | 5-10-5 : 5.63 | Exit Velo : 65 |
| 20 yd : 3.42 | Broad Jump : 68" | Overhand : 59 |
| 20 yd shuttle : 9.05 | Vert Jump : 15.5" | Pop-Time : 1.81 |
| Pitching MPH Range | | |
| Fastball : n/a | 2 Seam : n/a | Screw : n/a |
| Change Up : n/a | Drop : n/a | Curve : n/a |
| Rise : n/a | Specialty : n/a | Specialty : n/a |

Athlete Summary

Rachel is tough, gritty and smart. She loves physics and wants a career in health science after college. She takes control of the field from behind the plate and eagerly awaits runners on base to test her arm. In the outfield she is just as comfortable and makes difficult plays look easy. Batting anywhere in the lineup Rachel delivers a hit to the gap or drops a bunt to move runners consistently and confidently. She was a big piece to the puzzle in her teams' 2019 USSSA NE and USA East B National Championships. In 2020 she also helped with the run to a 3rd place finish at USSSA NE Nationals at 16U. Rachel also loves to play field hockey.